

Destiny: An Intimate Journey

Session Five

Dealing With The Fruits Of Rejection

- ◆ **Walls** — Dealt with pain by putting up walls for self- protection. *Psalm 127:1*
- ◆ **Lack of intimacy**— With the Lord and with others. *Revelation 3:20*
- ◆ **Hypersensitivity**— Especially with youth, causing a lack of trust. *Psalm 56:11*
- ◆ **Resistant to God's call and unbelief** — Unwilling to believe that He could use me. Then He showed me that He did not want my ability but my availability. *Exodus 4:10*
- ◆ **Self-hatred**— Programmed by lies, not by the truth. Was in response to rejection by others. *Psalm 139:15-17 and Matthew 19:19*
- ◆ **Bitterness towards God and man**— Asked, “Why me?” Defiled my relationships with unforgiveness. *Hebrews 12:15*
- ◆ **Rejection of people**— Rejected people reject people. *Isaiah 53:3*
- ◆ **Fear of authority**— Authority figures judged me because I never achieved the standard that they wanted me to. *Ephesians 6:9*
- ◆ **Open rebellion**— When I could not do something perfectly, or thought I would not do it correctly, my frustration would lead me into rebellion. Thinking I would be rejected if I did not do it perfectly kept me trying to meet unrealistic expectations. *Matthew 23:4 and 1 Samuel 15:23*
- ◆ **Silent rebellion**— Instead of speaking the truth in love, I would correct in silence and in anger. *Ephesians 4:15*
- ◆ **Perfectionism**— If I could not do something perfectly, or if others did not do things perfectly I became frustrated and angry. Battled to delegate. *Exodus 18:18-19*

Pride is the root of perfectionism.

- ◆ **Performance**— Subconsciously I thought if I did not work hard enough for people or God, I would be rejected. I struggled to set boundaries, to rest apart from ministry and to say no to opportunities to serve. *Matthew 7:21-23 and Matthew 17:5*
- ◆ **Co-dependency**— Had only a few special friends instead of having a number of healthy friendships. *Genesis 12:4 and Exodus 4:14*

Healthy friendships need boundaries.

- ◆ **Identity from ministry and the need to be needed**— Received a false sense of self worth and value from work. Fatherhood freed me. *Matthew 3:17*
- ◆ **Selfish**— Among people in a group I did not know, I would not share the truth God had given me until I felt secure. *Matthew 10:8*

- ◆ **False humility**— Covered up my selfishness with a sense of false humility. *Jeremiah 1:7*
- ◆ **Insecurity**— Used name-dropping, subconsciously seeking acceptance. *Proverbs 24:6*
- ◆ **Correction viewed as criticism**— Became unteachable and over reactive. *Hebrews 12:5*

All correction was viewed as personal criticism.

- ◆ **Self-pity**— Felt sorry for myself and used my handicap as an excuse for isolation. *1 Kings 21:4* and *Proverbs 18:1*

Isolation is a dangerous place to be. Your ministry is not your life; your life is your ministry.